

Review of Systems

Please check any symptoms you are currently having:

General

- Weight loss
- Weight gain
- Fatigue
- Fever
- Chills
- Weakness
- Trouble sleeping
- Malaise
- Exhaustion
- Increased appetite
- Loss of appetite

Skin

- Rashes
- Lumps
- Itching
- Oily Skin
- Dryness
- Color changes
- Changes in hair or nails
- Eczema
- Suspicious moles
- Acne
- Cellulite

Eyes

- Pain
- Redness
- Dryness
- Dark circles under eyes
- Puffy eyes
- Dilated pupils
- Photosensitivity
- Tearing
- Vision changes

Ears

- Hearing loss
- Ringing/ Tinnitus
- Earache
- Discharge
- History of ear infections
- Dizziness
- Vertigo

Nose and Sinuses

- Congestion
- Drainage/ Postnasal drip
- Itching
- Hayfever
- Nosebleeds
- Sinus pain
- History of sinus infection

Allergy/Immune

- Hives
- Anaphylaxis
- Slow to heal
- Swollen glands

Throat and Mouth

- Bleeding gums
- Mouth sores
- Sore throat
- Dry mouth
- Sore tongue
- Hoarseness
- Coated tongue
- Bad breath
- Drooling
- Gum disease

Respiratory

- Cough
- Spitting up blood
- Short of breath
- Wheezing
- Painful breathing
- Croup

Cardiovascular

- Chest pain/ tightness
- Palpitations
- Shortness of breath
- Swelling/ Edema

Vascular

- Claudication
- Leg cramps
- Varicose veins
- Blood clots
- Leg pain with exercise

Endocrine

- Excessive thirst
- Excessive sweating
- Heat/ cold intolerance
- Memory loss
- Thyroid Disease
- Diabetes
- Goiter/ Enlarged thyroid

Hematologic

- Easy bruising
- Bleeding tendency
- Anemia

Gastrointestinal

- Difficulty swallowing
- Heartburn
- Nausea
- Vomiting
- Bloating
- Change in bowel habit
- Blood in stool
- Dark, tarry stool
- Constipation
- Diarrhea
- Abdominal pain
- Jaundice
- Hemorrhoids
- Food Craving

Urinary

- Frequent urination
- Urgency
- Burning or pain
- Dark urine
- Bloody urine
- Infection
- Kidney stones
- Incontinence
- Hesitancy
- Urinary retention
- Bedwetting

Musculoskeletal

- Joint Pain
- Muscle Pain
- Contractures
- Weakness
- Flat Feet